

Our mountaintop spa offers a variety of massage and facial treatments. We encourage reservations for any spa services. Please contact a member of Guest Services to schedule a spa service by calling 828.926.0430.

## The Still Massage

A customized Swedish or Deep Tissue massage treatment that invokes deep tranquility or release chronic tension. Aromatherapy and muscle balms are integrated to optimize your experience.

60 minutes \$190 90 minutes \$290

### **Hot Stone Massage**

Heated Basalt volcanic stones are incorporated with aromatherapy and flowing massage strokes to calm the body and mind.

90 minutes \$290

#### **Detoxifying Mud Wrap**

Stimulate circulation, promote lymph flow, and smooth the skin with an invigorating dry brushing followed by a sugar/salt exfoliation. After relaxing in a detoxifying clay cocoon, a warm steam shower is provided. The application of our Laurel California Body Oil, infused with healing herbs and crystals is the final touch, leaving your skin feeling renewed and refreshed.

90 minutes \$290

### Seaweed Back Mask and Massage

"The Still" customized massage is enhanced by a luxurious and hydrating seaweed mask.

90 minutes \$290

#### A Walk in the Woods -

## "The Still" Signature Foot Treatment

Treat your feet with a cadence of hot towel wraps, a softening salt scrub and a revitalizing foot massage. Aromatherapy infused oil is utilized to complete this journey.

60 minutes \$190

Couples Massage and Prenatal Massage are available upon request.

Please let us know at the time of your reservation.

# Laurel Signature Facial

Experience the potency and transformative effects of 100% whole plant, organic skin care. Using Nature's inherent intelligence to tend to the underlying causes of skin imbalances, we can remedy common concerns such as dehydration, signs of aging, hyperpigmentation, rosacea, or acne.

60 minutes \$170 90 minutes \$250

## Men's Herbal Organic Facial

Whole plant medicine supports all skin. This facial is a compilation of products that are well suited to addressing common concerns of our male clientele, including environmental sensitivity, uneven skin tone, dehydration, and pore congestion.

60 minutes \$170

## **Lymphatic Fusion Facial**

Movement is the key to health and longevity. Using subtle rolling, pumping, and wave-like massage movements combined with Gua Sha sculpting techniques, your skin will be instantly brighter, lifted and firmed.

90 minutes \$250

