

THE STILL



Our mountaintop spa offers a variety of massage and facial treatments. We encourage reservations for any spa services. Please contact a member of Guest Services to schedule a spa service by calling 828.926.0430.

The Still Massage

Drift away into a state of deep relaxation. The Still Massage induces deep tranquility with aromatherapy and long fluid strokes utilizing light to medium pressure.

60 minutes \$190
90 minutes \$290

Deep Tissue Massage

A deliberate massage designed to address areas of pain and tension. Our Deep Tissue Massage utilizes muscle balms and deep pressure to penetrate muscles and release chronic tension.

60 minutes \$190
90 minutes \$290

Hot Stone Massage

Heated and oiled Basalt volcanic stones are used to relax and ease muscle tension. Your therapist incorporates the stones with flowing massage strokes, calming the body and mind.

60 minutes \$190
90 minutes \$290

Detoxifying Mud Wrap

Your treatment starts with a gentle dry brush exfoliation that stimulates circulation, promotes lymph flow, and smooths the skin. Next, relax in a warm clay cocoon. After a warm steam shower, your therapist luxuriously applies Laurel California Body Oil infused with healing herbs and crystals leaving your skin feeling renewed and refreshed.

90 minutes \$290

Laurel Signature Facial

Experience the potency and transformative effects of 100% whole plant, organic skin care. Using Nature's inherent intelligence to tend to the underlying causes of skin imbalances, we can remedy common concerns such as dehydration, signs of aging, hyperpigmentation, rosacea, or acne. This customized facial uses herbalist-created formulas to provide your skin with everything it needs to be vibrantly healthy, no matter your age or skin type.

60 minutes \$170
90 minutes \$250

Men's Herbal Organic Facial

Whole plant medicine supports all skin. This facial is a compilation of products that are well suited to addressing common concerns of our male clientele, including environmental sensitivity, uneven skin tone, dehydration, and pore congestion. Herbal oils and nutrient-dense plants like Jojoba, Grapefruit, Sandalwood, and Lemon Balm hydrate, brighten, and nourish, with a focus on aging vibrantly.

60 minutes \$170

Lymphatic Fusion Facial

Movement is the key to health and longevity. The slow, steady pulse of lymph movement beneath our skin's surface can easily become stagnant, leading to a build-up of cellular waste and inflammation, which can result in a wide range of skin imbalances. Using subtle rolling, pumping, and wave-like massage movements combined with Gua Sha sculpting techniques, your skin will be instantly brighter, lifted and firmed.

90 minutes \$250

*Couples Massage and Prenatal Massage are available upon request.
Please let us know at the time of your reservation.*

Gratuities are included in all rates.

the **SWAG**

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 RELAIS & CHATEAUX.