#### SWAG RECIPE

# **Swag Bars**

Ready in **7 minutes** 

Serves 10+ people

These Swag Bars are some of our guests favorites and so easy to make. We include them in our packed lunches to take on hikes or picnics.

# Ingredients

- 1 cup of white sugar
- 2 cups peanut butter
- 1 8 oz pack of chocolate chips
- 1 cup of white karo syrup
- 6 cups of crunched corn flakes

### Tips from Executive Chef Jake

To speed up the melting process of the chocolate chips: put them in a bowl and place in the microwave for a few minutes. Keep an eye on the melting process.



## Preparation

- 1. Put sugar, peanut butter and syrup in a large heavy pan.
- 2. Heat very hot (almost to a boil) and stir constantly.
- 3. Take off of the stove, mix in crunched corn flakes. Mix well.
- 4. Press gently into a lightly oiled 9x13 pan.
- 5. Sprinkle chocolate chips evenly over the top.
- 6. They will melt after a while (See tips from Chef Jake).
- 7. Score into bars while still hot, they are difficult to cut after they have cooled.